



Learn to Skate

Fall 2017

At Floyd Hall Arena, we have a class for EVERY skater! Our highly qualified and certified instructors, small class sizes, and fun-filled curriculum will help every skater progress at his/her own pace.

Children and adults begin in a Tot 1, Pre Alpha, or Adult class and gradually progress through our secondary and advanced levels to further their skating development. All of our Learn to Skate classes include a 30 minute lesson, as well as a pass that allows the participant to skate on ANY of our public sessions for free!

CLASS SEMESTERS 2017-2018

TUESDAY:

| | | |
|----------|-------------------|-----------------|
| Fall 1 | Sept 12 – Oct 31 | 8 Weeks / \$144 |
| Fall 2 | Nov 7 – Dec 19 | 7 Weeks / \$126 |
| Winter 3 | Jan 2 – Feb 13 | 7 Weeks / \$126 |
| Winter 4 | Feb 20 – April 3 | 7 Weeks / \$126 |
| Spring 5 | April 10 – May 22 | 7 Weeks / \$126 |
| Spring 6 | May 29 – July 3 | 6 Weeks / \$108 |
| Summer 7 | July 10 – July 31 | 4 Weeks / \$72 |
| Summer 8 | Aug 7 – Aug 28 | 4 Weeks / \$72 |

THURSDAY:

| | | |
|---------------------------------|-------------------|-----------------|
| Fall 1 | Sept 14 – Nov 2 | 8 Weeks / \$144 |
| Fall 2 | Nov 9 – Dec 21 | 6 Weeks / \$108 |
| <i>**no class November 23**</i> | | |
| Winter 3 | Jan 4 – Feb 15 | 7 Weeks / \$126 |
| Winter 4 | Feb 22 – April 5 | 7 Weeks / \$126 |
| Spring 5 | April 12 – May 24 | 7 Weeks / \$126 |
| Spring 6 | May 31 – July 5 | 6 Weeks / \$108 |
| Summer 7 | July 12 – Aug 2 | 4 Weeks / \$72 |
| Summer 8 | Aug 9 – Aug 30 | 4 Weeks / \$72 |

SATURDAY:

| | | |
|----------|-------------------|-----------------|
| Fall 1 | Sept 9 – Oct 28 | 8 Weeks / \$144 |
| Fall 2 | Nov 4 – Dec 23 | 8 Weeks / \$144 |
| Winter 3 | Jan 6 – Feb 17 | 7 Weeks / \$126 |
| Winter 4 | Feb 24 – April 7 | 7 Weeks / \$126 |
| Spring 5 | April 14 – May 26 | 7 Weeks / \$126 |
| Spring 6 | June 2 – July 7 | 6 Weeks / \$108 |
| Summer 7 | July 14 – Aug 4 | 4 Weeks / \$72 |
| Summer 8 | Aug 11 – Sept 1 | 4 Weeks / \$72 |

**Schedule subject to change*

SKATE RENTAL

Skate rental passes are the most convenient way to rent skates for your class- the pass includes rental for ALL skating classes and public sessions for the semester

- ★ Passes are \$25 if purchased before the first day of class
- ★ Passes are \$35 if purchased on or after the first day of class
- ★ Don't want to purchase the pass? Walk-on skate rental is available for \$4 per class

HELMETS

- ★ Skaters ages seven and younger are required to wear a bicycle helmet
- ★ All skaters wearing hockey skates or any skates without a toe pick are required to wear a hockey helmet with a full face shield
- ★ Helmet rental is available for \$4 per class

MAKE-UP SESSIONS

- ★ Skaters are permitted one make-up class per session. Make-up classes must be arranged ahead of time by contacting the Skating Director
- ★ There are no refunds. A credit on file will be issued to those with a doctor's note

ADDITIONAL NOTES

- ★ An athletic waiver must be signed and the session must be paid in full before entering the ice
- ★ Classes may be combined

EXTRA PRACTICE

- ★ All Learn to Skate Participants receive public session admission for FREE from the start date through the end date of the session
- ★ Enroll a skater for a second class within the same semester and receive 15% off the least expensive enrollment!
- ★ Private booster lessons are also available- contact our Skating Director for more information!!

For more information or to register, contact us or visit us online!

973-746-7744 – www.floydhallarena.com – skatingdirector@floydhallarena.com

Class Schedule

Primary Level Classes:

The starting point for those who are new to skating or have never taken formal lessons before!!

| Primary Level Classes: | Tuesday | Thursday | Saturday | Class Description |
|------------------------|--------------------|--------------------|----------------------------------|--|
| Tot 1 (Age 3½-6) | 4:00 pm 4:30 pm | 5:10 pm 5:40 pm | 11:40 am 12:15 pm 12:50 pm | Skaters learn the proper way to fall, proper way to get up, marching in a standing position, and marching while moving |
| Pre Alpha (Age 7-13) | 4:00 pm 4:30 pm | 5:10 pm 5:40 pm | 11:40 am 12:15 pm | Skaters learn one foot glides, two foot glides, forward and backward swizzles, and backward wiggles |
| Adult (Age 14+) | 5:00 pm | 5:40 pm | 11:40 am 12:50 pm | Skaters learn the skills of forward/backward swizzles, two foot glides, one foot glides, and forward C-cuts |

Secondary Level Classes:

For skaters who have passed one of the primary level classes

| Secondary Level Classes: | Tuesday | Thursday | Saturday | Class Description |
|--------------------------|--------------------|--------------------|----------------------|---|
| Tot 2 | 4:00 pm 4:30 pm | 5:10 pm 5:40 pm | 11:40 am 12:15 pm | For the Tot 1 graduate- skaters will learn the skills of a two foot jump in place, forward swizzles, and two foot glides |
| Tot 3 | 4:00 pm 4:30 pm | 5:10 pm | 11:40 am 12:50 pm | For the Tot 2 graduate- skills in Tot 3 include push and glide stroking, preparation for snowplow stops, dips, and forward swizzles |
| Alpha | 4:00 pm 5:00 pm | 5:10 pm | 11:40 am 12:50 pm | For the Pre Alpha graduate- skaters will learn the skills of forward stroking, forward crossovers, and snowplow stops |
| Adult | 5:00 pm | 5:40 pm | 11:40 am 12:50 pm | Skaters will begin to work on forward/backward crossovers, backward C-cuts, and snowplow stops |

Advanced Level Classes:

For skaters who have completed the secondary level class sequence

| Advanced Level Classes: | Tuesday | Thursday | Saturday | Class Description |
|-------------------------|---------|----------|----------------------|--|
| Hockey | 4:30 pm | 5:40 pm | 12:15 pm | For Tot 3 graduates looking to pursue hockey- skills covered include swizzles, C-cuts, inside/outside edges, and hockey stops. Skaters must wear hockey skates and a full face shield! |
| Rising Skater | 4:30 pm | 5:10 pm | 12:15 pm | For Tot 3 graduates looking to pursue figure skating- skills covered include spiral, lunge, two foot spin, bunny hop, and crossovers |
| Beta | 5:00 pm | 5:10 pm | 12:15 pm | For the Alpha graduate- skaters will learn the skills of backward stroking, backward crossovers, and T-stops on both feet |
| Gamma | 5:00 pm | 5:40 pm | 12:15 pm | For the Beta graduate- skaters will learn the skills of forward outside 3-turns, forward inside mohawk combos, and hockey stops |
| Delta | | | 12:50 pm | For the Gamma graduate- skills in Delta include bunny hop, lunge, shoot the duck, forward inside 3-turns, and forward edges |
| Freestyle | | | 12:50 pm | For the Delta graduates- skills in Freestyle include spiral, waltz jump, salchow, toe loop, two foot spin, one foot spin, and scratch spin |
| Adult | 5:00 pm | 5:40 pm | 11:40 am 12:50 pm | Class will include all of the foundational skills mentioned in the Adult classes above, as well as more advanced edgework maneuvers |

Floyd Hall Arena Figure Skating Department:
Figure Skating Director- Kristen Fraser
973-655-8013 - skatingdirector@floydhallarena.com