

LEARN TO SKATE

LEARN TO SKATE MISSION STATEMENT

The Floyd Hall Arena Learn to Skate program offers a variety of classes and levels to suit every skater's needs. Our highly qualified and certified instructors and small class sizes will help every skater progress at his/her own pace.

Floyd Hall Arena follows the Ice Skating Institute Learn to Skate Curriculum. Children and adults begin at the Tot or PreAlpha level depending upon their age and ability. Skaters will progress from learning the basics of balance, marching and gliding and gradually advance to levels where they will learn about crossovers, backwards skating, and even spins and jumps! (Please see the reverse side for a schedule and description of the various levels.)

Upon completion of the Tot 3 and PreAlpha levels, skaters may choose to continue their development in the Floyd Hall Arena Hockey or Rising Skater program. Please see your coach or our Skating Director for more information.

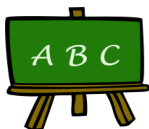
THE A-B-C's of LEARN TO SKATE

1. All Learn to Skate participants receive public session for FREE for the duration of the session.
2. Skaters ages seven and younger are required to wear a bicycle helmet.
3. Skaters wearing hockey skates or any skates without a toe pick are required to wear a hockey helmet with a full face shield.
4. Skate Rental Passes are available for purchase on or before the first day.
5. An athletic waiver must be signed and the session must be paid in full before entering the ice.
6. The ice is cold all year long so dress appropriately!
7. Classes may be combined.
8. Registrations taken the day classes begin are subject to a \$25.00 late fee.
9. Make up classes are only available for those with a doctor's note.
10. There are NO REFUNDS! A credit on file will be issued to those with a doctor's note.

Floyd Hall Arena Figure Skating Department:

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 Figure Skating Director
 Floyd Hall Arena
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Advanced Director
 Floyd Hall Arena
 973-746-7744



CLASS SEMESTERS WINTER 2012



TUESDAY:

Winter 3	January 3– February 14	7 Weeks / \$112.00
Winter 4	February 21– April 3	7 Weeks / \$112.00

THURSDAY:

Winter 3	January 5– February 16	7 Weeks / \$112.00
Winter 4	February 23– April 5	7 Weeks / \$112.00

SATURDAY:

Winter 3	January 7– February 18	7 Weeks / \$112.00
Winter 4	February 25– April 7	7 Weeks / \$112.00

**Schedule subject to change*

**Skate Rental Passes are now available for the price of \$20 which also includes rental use for any Public Session!*

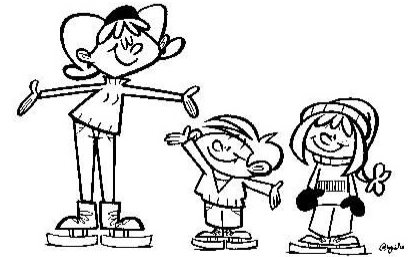


Class Progression



AGE	PRIMARY LEVEL	SECONDARY LEVEL	ADVANCED LEVEL
PROGRAMS	Learn to Skate Daytime LTS	Rising Skater	Gold Star
3 1/2-6 years old	1. Tot 1 2. Tot 2 3. Tot 3	Rising Tot: 4. Starter 5. Intermediate	Gold Star: 6. Beginner 7. Intermediate
7 and older	1. PreAlpha 2. Alpha 3. Beta 4. Gamma	Rising Star: 5. Bronze 6. Silver	Gold Star 7. Beginner 8. Intermediate

Let's Learn to
**ICE
SKATE!**



Winter 2012 Class Schedule



LEARN TO SKATE Winter 2012	TUESDAY	THURSDAY	SATURDAY	CLASS DESCRIPTION:
HOCKEY LEARN TO SKATE 1 & 2 Hockey Skates & Helmet !	4:30pm	4:00pm	11:55am 12:30pm	For the beginner hockey skater ages 3 1/2-6. Skaters will learn two foot jumps in place, forward swizzles standing still, single swizzles, beginning two foot glides, backward wiggles, backward swizzles and hockey stops. Skaters must wear hockey skates and a full face shield.
TOT 1	3:30pm 4:00pm 4:30pm	3:30pm 4:00pm 4:30pm	10:50am (2) 11:20am (2) 11:55am 12:30pm	For beginners ages 3 1/2-6 years old. Skaters learn the proper way to fall, proper way to get up, marching in a standing position and while moving.
TOT 2	3:30pm 4:30pm	3:30pm 4:00pm	10:50am 11:20am	Tot 2 is for the skater who graduates Tot 1. It is for ages 3 1/2-6 years old. Skaters learn the skills of a two foot jump in place, forward swizzle, single swizzle, and begin a two foot glide.
TOT 3	3:30pm 4:30pm	3:30pm 4:00pm	11:20am 11:55am	Tot 3 is for the Tot 2 graduate. It is for ages 3 1/2-6 years old. Skaters learn the skills of push and glide stroking, preparation for snowplow stop, dip and forward swizzles.
PREALPHA	4:00pm 4:30pm 5:00pm	3:30pm 4:30pm	10:50am 11:55am 12:30pm	For the skater ages 7 and up. Skater learn the skills of a one foot glide, two foot glide, forward and backward swizzles, and backward wiggle.
ALPHA	3:30pm 5:00pm	3:30pm 4:00pm	10:50am 11:20am	For the PreAlpha graduates ages 7 and up. Skaters learn the skills of forward Stroking, forward Crossovers, and snow plow stops.
BETA	5:00pm	4:30pm	11:55am	For the Alpha graduates ages 7 and up. Skaters learn the skills of backward stroking, backward crossover, t-stop, right and left foot outside edge.
GAMMA	5:00pm	4:30pm	11:55am	For the Beta graduates ages 7 and up. Skaters learn the skills of right and left forward outside 3-Turns, right and left forward inside Mohawk combo, and hockey stops.
FREESTYLE 1&2			12:30pm	
ADULT 1&2 <i>*classes may be combined or cancelled due to enrollment.</i>	5:00pm	4:30pm	11:20am 12:30pm	For the skater ages 18 and older. Skaters learn the skills of forward/backward swizzles, two foot glide, one foot glide, forward C-cuts.
ADVANCED ADULT 3&4 <i>*classes may be combined or cancelled due to enrollment.</i>	4:00pm	4:30pm	12:30pm	For the skater ages 18 and older who has completed Adult 1 & 2 requirements. Skaters learn the skills of stroking, forward/backward crossovers, backward C-cuts and snow plow stops.